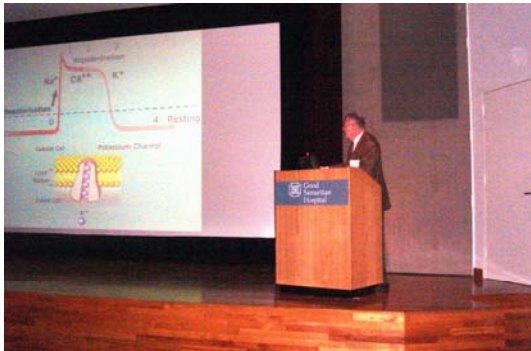


## Los Angeles 2007 Heart to Heart Program

The C.A.R.E. Foundation hosted its first "Heart to Heart" meeting of 2007 at Good Samaritan Hospital's Mosely/Salvatori Conference Center in Los Angeles, CA on Saturday, January 20. More than 70 patients and their families, local school nurses, doctors and emergency medical services personnel attended this informative session.

Mary Jo Gordon, Executive Director of the CARE Foundation, welcomed everyone and introduced our host Dr. David S. Cannom, *Medical Director of Cardiology, Good Samaritan Hospital, Clinical Professor of Medicine, University of California School of Medicine*. Dr. Cannom gave a brief synopsis of what the audience was going to learn during the meeting.



The educational portion began with current information about the Advances in Long QT Syndrome. Dr. Melvin M. Scheinman – *Shorenstein Chair of Cardiology, Professor of Medicine, University of California San Francisco School of Medicine* presented easy to understand graphs, charts and images that compared the symptoms of Long QT1, Long QT2 and Long QT3. He also compared the Long QT types and their symptoms with new studies about how the symptoms are related to age groups from children to adults in their 40's.

Dr. Michael J. Silka, *Professor and Chief, Division of Cardiology, Children's Hospital of Los Angeles, University of Southern California*, provided an excellent overview of appropriate sports activities for children and teenagers with the various inherited heart rhythm disorders.



The meeting continued with Dr. Stephen P Seslar, *Division of Cardiology, Electrophysiology and Pacing, Rady Children's Hospital, San Diego, CA*, joining our panel of esteemed physicians addressing many diverse and in depth questions from the attendees.

The group adjourned to a reception area where questions continued for the doctors and the attendees were able to share their own experiences. The reception honored Doris Goldman, Co-founder and past National Director of the C.A.R.E. Foundation.

